

A HARMONY OF DESIGN & NATURAL MOVEMENT

Created to fit your home like no other, our compact suspension elliptical delivers a harmony of design and natural movement for the most comfortable, smoothest elliptical experience in the industry.

suspension ellipticals



E50

E30

STRIDE LENGTH	51 cm / 20"	51 cm / 20"
STEP-ON HEIGHT	23 cm / 9.1"	23 cm / 9.1"
POWER INCLINE	N/A	N/A
FLYWHEEL	N/A	10.5 kg / 23.1 lbs.
RESISTANCE SYSTEMS	Exact Force™ Induction Brake	ECB magnetic braking system
RESISTANCE LEVELS	30 levels, electronic	20 levels, electronic
PEDALS	Oversized with rubber inserts	Oversized
PEDAL SPACING	6.5 cm / 2.6"	6.5 cm / 2.6"
HANDLEBAR TYPE	Multi-position, dual action	Dual action
EXTRAS	Water bottle holder, accessory tray, stationary handles with heart rate grips and resistance toggles	Water bottle holder, accessory tray, stationary handles with heart rate grips and resistance toggles
DIMENSIONS (L x W x H)	STATIC 148 x 84 x 173 cm / 58" x 33" x 68.1" IN-USE 175 x 84 x 177 cm / 68.9" x 33" x 69.7"	148 x 73 x 166 cm / 58" x 29" x 65" 175 x 73 x 172 cm / 68.9" x 29" x 68"
PRODUCT WEIGHT	133 kg / 293 lbs.	126 kg / 278 lbs.
USER WEIGHT CAPACITY	147 kg / 325 lbs.	147 kg / 325 lbs.
HOME WARRANTY	Lifetime frame, 7 years parts, 2 years labor	Lifetime frame, 5 years parts, 2 years labor
CONSOLE	Choose from four console options to customize your workout experience. See reverse for more information.	Choose from three console options to customize your workout experience. See reverse for more information.

Specifications subject to change without notice. For more information about Matrix Fitness: matrixfitness.com

JOHNSON EXCLUSIVE TECHNOLOGIES

At Johnson Health Tech, we invest in advanced technology that completely redefines the exercise experience. These unique features are exclusive to our premium products, so you won't be able to find them anywhere else.



Exact Force™ Induction Brake offers instant, smooth, precise resistance changes at the push of a button, and with no moving parts, it's quieter and more durable as well.



Suspension Elliptical™ Technology features a wheel- and track-free design to reduce noise and friction for long-lasting quality while providing a smooth, consistent feel through the ellipse.



XUR
THE ULTIMATE ENTERTAINMENT
 22" HD touchscreen offers our brightest display and easy access to entertainment apps. Available on E50 only.



XIR
ENTERTAINMENT EXCELLENCE
 16" touchscreen offers an HD display and easy access to entertainment apps.



XER
INTUITIVE APP INTERFACE
 10" touchscreen features a clear display and easy access to entertainment apps.



XR
SIMPLY PERFECT
 8.5" LCD makes it easy to check workout data at a glance.

	XUR	XIR	XER	XR
DISPLAY	22" class HD touchscreen	16" class HD touchscreen	10" class touchscreen	8.5" Extra-wide blue LCD
WORKOUT PROGRAMS	● (13)	● (13)	● (12)	● (5)
BLUETOOTH FTMS	●	●	●	●
SPEAKERS	● (5W)	● (5W)	● (3W)	●
USB PORTS	● (2)	● (2)	● (1)	●
HDMI PORT*	●	●	●	●
CONSOLE APPS (SEE BELOW)	●	●	●	●
VIRTUAL ACTIVE™ INTEGRATED	●	●	●	●
VIAFIT™ CONNECTIVITY	●	●	●	●
SPRINT 8® INTEGRATED	●	●	●	●
iFIT® INTEGRATED	●	●	●	●
BLUETOOTH HEART RATE	●	●	●	●
BLUETOOTH HR STRAP INCLUDED	●	●	●	●
READING RACK	●	●	●	●
ENERGY SAVER MODE	●	●	●	●
CONSOLE WEIGHT	11 kg / 24 lbs.	5.5 kg / 12 lbs.	4.5 kg / 10 lbs.	3.5 kg / 8 lbs.
HOME WARRANTY	5 years parts / 1 year labor	5 years parts / 1 year labor	5 years parts / 1 year labor	5 years parts / 1 year labor

* The term HDMI and the HDMI Logo are trademarks or registered trademarks of HDMI Licensing Administrator, Inc. HDMI cables, media player and devices not included.

console apps



Availability of apps are subject to change. Some apps are not available in all areas. Additional apps may become available. Workouts and features vary based on model type, console configurations, software versions and options purchased.
 * Available on XUR and XIR only.



Our integrated ViaFit™ connectivity system sends workout data to the fitness apps you already use, like Apple Health, Garmin, Strava and more.



This scientifically validated high-intensity interval training program burns fat and builds muscle in short workouts that anyone can fit into their schedule.



Experience an immersive workout with high-definition destination footage synced to the speed of your workout. Includes two Virtual Active courses.



Matrix featuring iFIT syncs your equipment to interactive studio classes, Global Workouts, Google Maps Street View and over 16,000 workouts led by inspiring trainers. Trial iFIT family membership included.